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Welcome to all Sailors & Supporters for the

ICRA NATIONALS & SOVEREIGN'S CUP 2015

24th-27th June at Kinsale Yacht Club



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LUCY FRENCH SCHOOL OF DANCE

Summer DANCE CAMPS

13th-17th July: 10am-12pm

Princess Ballerina Camp (Ages 4-6) Current students €60

New to the school €80

13th-17th July: 1.30pm-3.30pm

Mini Movers (Age 7-8) Current students €60 New to the school €80

20th-24th July: 10am-4pm

Junior Dance Intensive (Age 9-12)

All different dance styles Guest Teachers - €100

Few spaces left but must attend the school

27th-31st July: 9am-5.30pm

Senior Dance Intensive (Age 13+)

An intensive week of dance Guest Teachers- €150

Must attend the school - FULL

Dance camps are a wonderful way to experience different teachers, new styles and improve your dance technique and confidence whilst having lots of fun too.

To book a place please call 087 9521463 or 021 4773553

or email info@lucyfrenchschoolofdance.com www.lucyfrenchschoolofdance.com





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Date 20th - 24th July

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MON 29TH JUNE 9PM TUES 30TH JUNE 9PM WED 1st JULY 9pm THURS 2ND JULY 9PM

FRI 26TH JUNE 10.30PM TOMMY & FRIENDS SAT 27TH JUNE 10.30PM CELTIC KNIGHTS IRISH DRAUGHT TWO OF A KIND TWO OF A KIND **SHANE & FRIENDS**

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KINSALE



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- Suitable for beginners and those with experience
- June 26-29th, July 10-13th, August 21-24th: 10am - 4.30pm daily
- 4-day courses €295 inc. materials/firings
- Bring a friend for €275



Children's Summer Camps

- July 20, 21, 23, 24th, Aug 10, 11, 13, 14th
- 10am 4pm (ages 5-12) €120 full days, €80 half-days Discount for multiple bookings
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Oven Roasted Beetroot & Crumbled Goats Cheese Salad Served with Wild Rocket and Sesame Seeds finished with Balsamic Syrup

Roast Chicken Caesar Salad Starter €6.20 Main €11.95 © Baby Gem, Crispy Smoked Bacon, Croutons, Parmesan Shavings

Caesar Salad with Tiger Prawns in Garlic, Ginger and Chilli Starter €8.20 Main €13.95 ©

Starter €8.95 Main €14.95

€9.95 ©



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WHILL COCKSES				
Traditional Beer Battered Fish of the Day	€14.95			
Served with Chips, Garden Pea Puree, Homemade Tartar Sauce and Lemon				
8oz Handmade Irish Hereford Beef Burger	€14.95			
with Swiss cheese, Smoked Bacon & Sundried Tomato Aioli in a Brioche Roll with Fries and Crispy Side Salad				
Thai Style Green Chicken Curry	€14.95 ©			
Served with Basmati Rice and Crispy Poppadom				
Homemade Beef Lasagne served with French Fries and Side Salad	€12.95 ©			
Slow Cook Lamb Shoulder with Apricot	€16.95 ©			
Soaked in Green Tea, Mixed Herbs with Black Pudding, Crushed New Potato, Thy	me Jus, Red Onion Marmalade			
Peri-Peri Chicken served in Blaa Bap	€14.95			
With Swiss cheese, Tomato Chutney, Chips and Salad				

Grilled Fillet of Seabass €21.95 © With Saffron Risotto, Sautéed Baby Pak-Choi finished with Tossed Almond, Capers, Onion and Parsley Butter Char Grilled 8oz Sirloin Steak €19.95 ©

With Lyonnaise Potato, Grilled Vine Tomato, Flat Mushroom finished with Green Peppercorn Jus or Garlic Butter Glazed Gnocchi

Tossed in Roasted Red Pepper and Tomato Sauce with Fresh Basil and Parmesan Shavings



© Coeliac option available - please ask your server

Allergy Information: 1. Cereals (Gluten) 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame 12. Sulphites 13. Lupin 14. Molluscs

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Suitable for students who have just completed 1st class – 6th class.

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Cost €75.00 per student

For further details contact Liz on 087 2757060

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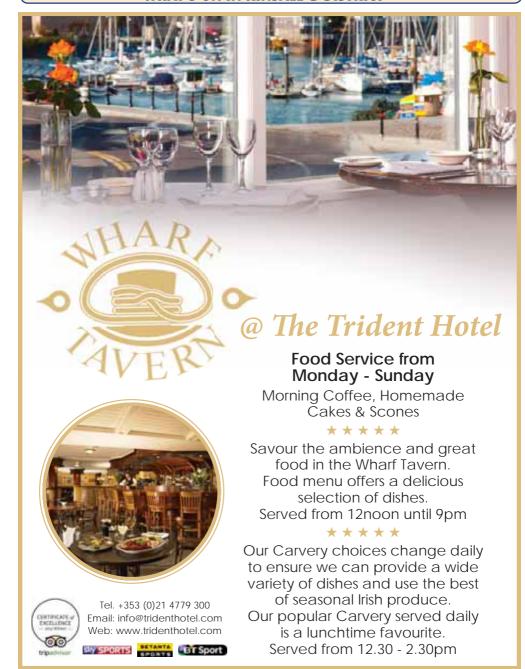


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Interested parties should forward their CVs to the Hon. Secretary at Kinsale & District Credit Union Ltd, Exchange Buildings, Market Square, Kinsale, Co. Cork.

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Week 1 13th - 17th July

Week 2 20th - 24th July

Week 3 27th - 31st July

Week 4 4th - 7th August (4 days: €50)

Week 5 10th - 14th August

2 classes each day

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€11.95

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Beetroot, cashew nut and and quinoa (C)(V)

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mango salsa (L)

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Friday 9th October 2015

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Sunday 11th October 2015 Fruits de Mer Luncheon

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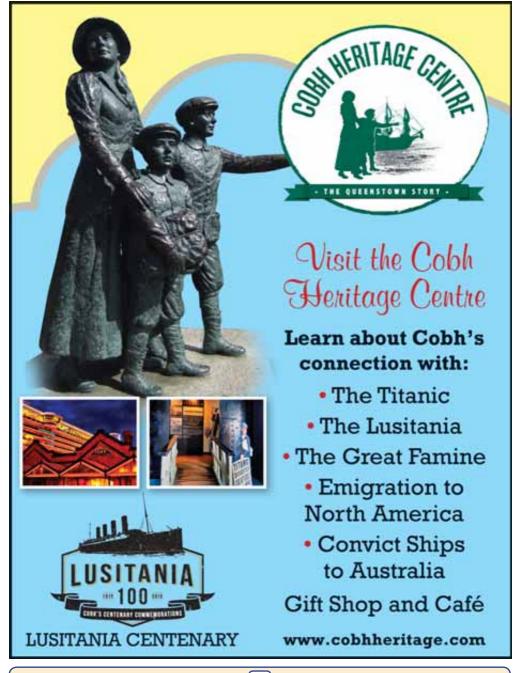




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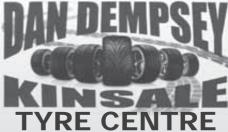
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WHAT'S ON IN KINSALE & DISTRICT



PROPERTY MAINTENANCE

Powerwashing, Painting, Gutters, Grass, Hedges All Stonework **SLABBING. PAVING**

& KERBING **Contact Stephen Twomey**

087 703 8733

Counselling Therapy

CAROLINE CROTTY

If you need support with depression or anxiety, or want to improve your relationships or coping skills, contact a professional therapist.

Caroline Crotty provides a confidential, therapeutic counselling service to teens & adults in Douglas & Bantry.

To discuss how counselling can benefit you contact Caroline on 087 710 7032 or email: counsellingtherapy@live.ie

PROPERTY

TO RENT: LANZAROTE
Beautiful one bedroom apartment with sea views in Matagorda, Lanzarote. Small quiet complex with heated swimming pool. Close to all local amenities. 5 minutes walk to beach. 10 minutes from airport.

087-2355 258 or 087-986 3302

Hair Creations Open Tuesday to Saturday 9.30am - 5.30pm T: 021 477 3133 14 Pearse Street, Kinsale, Co. Cork

Aoife's Hair Creations

ADIES & GENTS HAIRDRESSING The Glen, Kinsale 021 4772030

STUDENT JUNE SPECIAL ALL CUT & BLOW-DRYS ONLY €25

ALL WEEK ... ALL MONTH APPLIES TO SECONDARY & COLLEGE STUDENTS Open Tuesday to Saturday 9am to 5.30pm Early/Late by appointment FREE PARKING AVAILABLE BEHIND SALON

3 BED HOUSE TO RENT

Unfurnished, €1100 per month. Ringcurran, Near Summercove school. Contact Valerie 087 6773396.

HEALTH, HAIR



61 MAIN STREET, KINSALE 021 477 3900 OPEN 6 DAYS (INCLUDING MONDAY)





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WHAT'S ON IN KINSALE & DISTRICT

BEL AMI HAIR STUDIO

Pearse Street, Kinsale

Rachel O'Brien

formerly of Toni+Guy, Kaizen, Origin & Kinsale. with Stylist Michelle Connolly



For appointments contact: 021 477 7337





Montessori, Siolta & Aistear Based curriculum. Promoting Fitness in children. Babies - 5 yrs. PLEASE CALL JANICE O'CONNELL **086 277 0943**

or email janiceoco@gmail.com

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ESTABLISHED 2003

7, Curra Woods, Riverstick, Cork Call Adrienne: 021 4771086 / 085 1278180 Email: neverlandplayschool@gmail.com

- · Catering for children from 2yrs 6mths upwards
- · Free ECCE Pre-school places
- · Places available for non-ECCE Scheme students
- · Early drop-off and stay 'n' play options available
- · Qualified, experienced and dedicated professionals
- · Registered with HSE and Early Childhood Ireland
- · Wide range of age and stage appropriate activities
- · Warm, friendly, fun atmosphere
- · Newly extended premises



CHILDMINDER REQUIRED

To mind 1 child approximately 4 days per week, starting July.

Contact: 086 4188 088 for more details.

PETS



KITTY COVE BOARDING CATTERY

I.B.K.C.A. APPROVED MEMBER
"Ensuring quality animal care"

Roberts Cove, Minane Bridge Tel. Lillian: 087 2188291

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BOARDING KENNELS

KINSALE Prop: Avril Copithorne

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Open All Year

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RATES

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Spacious individual kennels.
Long country walks twice a day.

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•Professional dog grooming for all breeds.

Free pick up & drop off in Kinsale area
 & on route to Cork.

Louise O' Hanlon Tel. 087-2341826

Kinsale Road Industrial Estate, Cork



SITUATIONS VACANT

EXPERIENCED CHEF DE PARTIE

Minimum of 2 years experience in a similar role. Fluent English essential.

EXPERIENCED RECEPTIONIST

Please forward CV & cover letter to Box No. 26/15 c/o Kinsale Advertiser, Emmet Place, Kinsale

PART-TIME RECEPTIONIST

required for

THE OLD BANK HOUSE

4 shifts a week, knowledge of Kinsale and fluent English is essential, experience in a similar role preferred.

Please send CVs to maureen@bluehavenkinsale.com

NOTICES

Kinsale Men's Shed

COFFEE MORNING **FUNDRAISER**

Temperance Hall Friday 26th June 10am - 1:30pm

FUN RAFFLE DRAW

19 Raffle Prizes

ALTRUSA GARDEN PARTY

The Altrusa Annual Garden Party at Kinsale Community Hospital will take place on Sunday 28th June from 2.00p.m. to 4.30p.m.

This is a good Family Day Out with Afternoon Tea and Musical Entertainment, A selection of Homemade Cakes will be for sale and a Raffle with Great Prizes.

> For the Children there will be a Piñata filled with Sweets and Face Painting which is great fun.

> ADMISSION: €5 Including Tea/Coffee & Cakes.

PROCEEDS TO KINSALE COMMUNITY HOSPITAL

KINSALE BAPTIST CHURCH

SUNDAYS 11AM TEMPERANCE HALL

All welcome

www.kinsaleabc.ie

SAVE THE DATE

BREDA EATON MEMORIAL 10K WALK

In aid of Marymount Hospice/ Kinsale Lourdes Fund

Saturday 18th July

Leaving Post Office @ 10.30am. All welcome!

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. TT







NOTICES



Departure beyond Actons Hotel on board 'Spirit of Kinsale'

MONDAY - FRIDAY: 12pm, 2pm, 3pm, 5pm

SATURDAY & SUNDAY: 12pm, 2pm, 3pm, 4pm, 5pm

Please see sandwich board at Tourist Office & Pier Rd. for updated times.

Complimentary Tea/Coffee Served Cruises are subject to weather and tide

T:086 250 5456 www.kinsaleharbourcruises.com

COFFEE MORNING & CAKE SALE

Bric-a-brac, Handbags, etc.

Temperance Hall Friday 3rd July 9.30am - 1pm In aid of Cork Cancer Research All welcome!

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

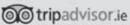
Say this prayer for 3 days, promise publication and the favour will be aranted, no matter how impossible. Never known to fail. H

OON & BARRY'S HISTORIC STROLL

FROM TOURIST OFFICE @ 11.15am DAILY - 7 DAYS & Early Bird @ 9.15am, Mon - Sat.

Ranked #1 of ALL activities in Kinsale Check it out!

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KINSALE PEACE PROJECT

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Are you concerned about the well-being of any young person?

FOR FREE AND CONFIDENTIAL ADVICE AND SUPPORT CONTACT TOM ON 085 872 5789





(next to the Black Pig) Oueries: 087 6166109 www.kinsaleyogacentre.com



Weekly Clinics at both Bandon & Clonakilty Offices. First Friday Clinics at the **Trident Hotel, Kinsale**

at 12.30pm. Clonakilty Office 023 8858770 Bandon Office 023 8843868

Please contact the office as times may vary.

WHAT'S ON IN KINSALE FRI 26th JUNE- THURS 2nd JULY 2015

Sovereign's Cup and ICRA Nationals FRI 26th JUNE

ARMADA:

Jamestown.

BACCHUS NIGHTCLUB:

DJ Sean, 11,30pm.

BLUE HAVEN:

Mike O'Riordan.

COFFEE MORNING:

Kinsale Men's Shed Fundraiser. Temperance

Hall, 10am - 1.30pm. DON & BARRY'S

HISTORIC STROLL:

Tourist Office

9.15am, 11.15am,

ELI LILLY SA:

Closing date for applications for Apprenticeship Programme.

FOLKHOUSE:

The Vultures, 10.30pm.

HAMLETS:

Eoghan Murphy, 10pm. HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm. Departs beyond Actons.

KINSALE POTTERY SUMMER COURSES:

New adult course starts

today until 29th. 10am - 4.30pm.

SILENT BANJO:

Strange Fruit, 10.30pm. SPANIARD:

Jug A Punch, 10pm.

WHITE HOUSE:

Tommy and Friends, 10.30pm.

Sovereign's Cup and ICRA Nationals SAT 27th JUNE

ACTONS:

Mary & Danny O'Leary, Doors 9pm. Adm: €10.

ARMADA: Live Music.

BACCHUS NIGHTCLUB:

DJ Sean, 11.30pm. BLUE HAVEN:

The Vegas Boys.

DON & BARRY'S HISTORIC STROLL:

Tourist Office 9.15am, 11.15am.

FOLKHOUSE:

The Hound Dogs, 10pm. HAMLETS:

Live DJ at 10pm.

HARBOUR CRUISE:

12pm, 2pm, 3pm, 4pm & 5pm.

Departs beyond Actons.

OSCAR MADISONS:

Blue Steel, 10.30pm.

SAM'S BAR:

Jennifer Lyons.

SILENT BANJO:

King K, 10.30pm. SPANIARD:

For Folk Sake, 10pm.

WHARF TAVERN

AT THE TRIDENT HOTEL:

The Quays. WHITE HOUSE:

Celtic Knights, 10.30pm.

Sovereian's Cup and ICRA Nationals SUN 28th JUNE

ALTRUSA GARDEN PARTY:

At Kinsale Community Hospital, 2pm - 4.30pm. Adm: €5

ARMADA:

Allsorts.

BLUE HAVEN:

Barry Tierney, 9pm. DON & BARRY'S

HISTORIC STROLL:

Tourist Office 11.15am. FOLKHOUSE:

King K, 10pm.

HAMLETS:

Martin Ryan from 7pm.

HARBOUR CRUISE: 12pm, 2pm, 3pm,

4pm & 5pm. Departs beyond Actons.

KINSALE BAPTIST CHURCH:

11am, Temperance Hall. SAM'S BAR:

The Americhanics.

SILENT BANJO:

Frank Morris Band, 8.30pm. SPANIARD:

Skellig, 6pm.

MON 29th JUNE

BLUF HAVEN:

Arundo and Irish Dancers, 9.15pm.

DALTONS BAR:

Traditional Music.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office

9.15am, 11.15am. HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm. Departs beyond Actons.

SAM'S BAR:

Open Mic Night Sessions with Joe.

WHITE HOUSE: Irish Draught, 9pm.

TUES 30th JUNE

ARMADA: Shane & Friends.

BLUE HAVEN: Sonny & Friends.

DALTONS BAR: Traditional Music.

9.15pm.

DON & BARRY'S

HISTORIC STROLL: Tourist Office.

9.15am, 11.15am, HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm. Departs beyond Actons.

KINSALE BRIDGE CLUB: Trident Hotel, 7,30pm.

Summer bridge, Visitors welcome.

KINSALE MEN'S SHED ALLOTMENT PROJECT:

3.30pm - 6pm, Ringrone. WHITE HOUSE:

Two of a Kind, 9pm.

WED 1st JULY ARMADA:

The Ferrymen. BLUE HAVEN:

Niall McCabe, 9.15pm.

DON & BARRY'S HISTORIC STROLL:

Tourist Office. 9.15am, 11.15am,

FOLKHOUSE:

Mike & Co., 9.30pm.

HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm. Departs beyond Actons. KINSALE MEN'S SHED

ALLOTMENT PROJECT:

3.30pm - 6pm, Ringrone.

LEMON LEAF CAFÉ: Open in evenings now. WHITE HOUSE:

Two of a Kind, 9pm.

THUR 2nd JULY

BACCHUS NIGHTCLUB: DJ Mark. 11.30pm.

BLUE HAVEN:

Arundo and Irish Dancers, 9.15pm.

Keane On Style,

A Night of Fashion, Beauty, Tapas & Wine.

7.30pm - 10pm.

Tickets at Blue Haven or Facebook.com/

lorrainekeaneofficial DALTONS BAR:

Traditional Music.

DON & BARRY'S HISTORIC STROLL:

Tourist Office. 9.15am, 11.15am,

FOLKHOUSE: The SGs, 9.30pm.

HAMLETS: Niall McCabe, 9pm.

HARBOUR CRUISE: 12pm, 2pm, 3pm & 5pm. Departs beyond Actons.

KINSALE LIONS CLUB:

Golf Classic, Farrangalway.

KINSALE MEN'S SHED ALLOTMENT PROJECT:

3.30pm - 6pm, Ringrone. WHITE HOUSE:

Shane & Friends, 9pm.



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